

# Week 4 Breakfast and Lunch Menu



	Monday 5-May	Tuesday 6-May	Wednesday 7-May	Thursday 8-May	Friday 9-May	Saturday 10-May	Sunday 11-May
	Scrambled Eggs Crispy Bacon Turkey Sausage Links Cinnamon French Toast Potatoes O'Brien Grits Eggs and Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Turkey Bacon Sausage Patties Buttermilk Pancakes Baked Hash Brown Patty Cream of Wheat Eggs and Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Crispy Bacon Turkey Sausage Patties French Toast Sticks Shredded Hash Browns Oatmeal Eggs and Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Crispy Bacon Turkey Sausage Sausage Gravy with Biscuits Tater Tots Cheesy Grits Eggs and Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Turkey Bacon Pork Sausage Links Chocolate Chip Pancakes Home Fries Honey Oats Eggs and Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Crispy Bacon Turkey Sausage Waffle Sticks Tater Tots Oatmeal Eggs and Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Turkey Bacon Sausage Links French Toast Potatoes O'Brien Oatmeal Eggs and Omelets to Order Belgian Waffle Bar with Fruit Toppings
	<b>Stir-Fry Bar</b> Rice, Lo-Mein, or Rice Noodle Assorted Vegetables Tofu OR Chicken Teriyaki, General Tso, Sweet&sour or Soy sauce Chopped Ginger and Garlic	<b>Mashed Potato Bar</b> Cheese Sauce Butter, Sour Cream Bacon Bits Chopped Broccoli Chopped Scallions	<b>Build Your Own Rice Bowl</b> White or Brown Rice Chicken or Tofu Black or Pinto Beans Pico De Gallo, Cilantro, Guac, or Sour Cream Shredded Cheese	<b>Nacho Bar</b> House Fried Tortilla Chips Spicy Queso Ground Beef Salsa Sour Cream & Guacamole	<b>Scampi bar</b> Shredded Chicken, shrimp or Tofu Fettuccine Peppers and onions Marinara, alfredo or herbed oil shredded farm	Closed	Closed
	Build Your Own Sandwiches	Build Your Own Sandwiches	Build Your Own Sandwiches	Build Your Own Sandwiches	Build Your Own Sandwiches	Build Your Own Sandwich	Build Your Own Sandwiches
	Baked Chicken Alfredo Garlic Green Beans Sautéd Lima Beans Garlic Bread	Pepper Steak Fried Rice Sautéed Snowpeas and carrots Asian Cabbage	Smothered Pork Chops Mash Potatoes Steamed Asparagus Roasted Carrots	Fried Chicken Roasted Chicken Mac & Cheese Collard Greens Corn Bread	Fried Fish Cheese Grits Hush Puppies Sautéed Cabbage Cream Corn	Lasagna Braised Squash and zucchini Steamed honey Broccoli	Emergency Chicken Baked Beans Roasted Corn Sautéed Cauliflower
	Cheese Pizza Pepperoni Pizza Vegetable Pizza Breakfast Calzone	Cheese Pizza Pineapple Pizza Vegetable Pizza Baked Ziti	Cheese Pizza Pepperoni Pizza Vegetable Pizza BBQ Chicken Calzone	Cheese Pizza Cheesy Bread Vegetable Pizza Bagel bites	Cheese Pizza Sausage Pizza Vegetable Pizza Ham & Cheese Stromboli	Cheese Pizza Pepperoni Pizza Vegetable Pizza Penne Pasta Marinara or Alfredo	Cheese Pizza Meat Lovers Pizza Vegetable Pizza Cheesy Bread
	Veggie Alfredo	Pepper and Tofu Stir Fry	Meatless Chicken Tenders	Quinoa with Roasted Vegetables	Stuffed Zucchini	Veggie Lasagna	Curry Cauliflower
	Turkey Burger Grilled Cheese Vegetarian Burger French Fries	Grilled Chicken Veggie Melt Black Bean Burger Sweet Potato Fries	Bacon Infused Burger Cheese Quesadilla Vegetarian Burger French Fries	Beef Quesadilla Grilled Cheese Black Bean Burger Sweet Potato Fries	All Beef Sliders Hot Dog Vegetarian Burger French Fries	Grilled Chicken Cheese Quesadilla Black Bean Burger Sweet Potato Fries	All Beef Burger Tuna Melt Vegetarian Burger French Fries
	Hummus & Tortilla Strips Black Bean & Corn Salad Zesty Quinoa Salad	Hummus & Tortilla Strips Panzanella Salad Thai Cucumber Salad	Hummus & Tortilla Strips Egg Salad Bruschetta Salad	Hummus & Tortilla Strips Tortellini Salad Tiger Salad	Hummus & Tortilla Strips Bacon Ranch Pasta Salad Greek Garbanzo Salad	Hummus & Tortilla Strips Mediterranean Quinoa Salad Tuna Salad	Hummus & Tortilla Strips Yam, Kale And Cranberry Salas German Potato Salad
	Chicken Tortilla Soup Tomato Bisque	Seafood Bisque French Onion Soup	Chicken And Rice Soup Minestrone Soup	Loaded Baked Potato Chowder Leek Soup	Beef & Barley Soup Broccoli and cheese Soup	Soup of the Day	Soup of the Day

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.