

Week 2 Breakfast and Lunch Menu Lent



	Monday 9-Mar	Tuesday 10-Mar	Wednesday 11-Mar	Thursday 12-Mar	Friday 13-Mar	Saturday 14-Mar	Sunday 15-Mar
	Scrambled Eggs Crispy Bacon Turkey Sausage Links French Toast Casserole ✓ Potatoes O'Brien ✓ Grits ✓ Eggs and Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Turkey Canadian Bacon Sausage Patties Buttermilk Pancakes ✓ Baked Hash Brown Patty ✓ Cream of Wheat Eggs and Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Corned Beef Hash Turkey Sausage Patties French Toast Sticks ✓ Shredded Hash Browns ✓ Oatmeal Eggs and Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Crispy Bacon Turkey Sausage Cinnamon Roll Tater Tots ✓ Cheesy Grits Eggs and Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Morning Star Sausage Meatless Chicken nuggets Waffles ✓ Home Fries ✓ Honey Oats Eggs and Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Crispy Bacon Turkey Sausage Waffle Sticks ✓ Tater Tots ✓ Oatmeal Eggs and Omelets to Order Belgian Waffle Bar with Fruit Toppings	Scrambled Eggs Turkey Bacon Sausage Links French Toast ✓ Potatoes O'Brien ✓ Oatmeal Eggs and omelets to Order Belgian Waffle Bar with Fruit Toppings
	— Rolled Burrito Bar Chicken, Beef, or Shrimp White Rice or Brown Rice ✓ Refried Beans or Black Beans Jalapano, Lettuce Dice Tomatoes, Sour Cream, Salsa, Black Olive, Shredded Cheese and Guacamole	Chicken Tender Bar Ranch, BBQ, Buffalo, Teriyaki Blue Cheese Dressing and Honey Mustard Celery and Carrot Sticks	Loaded Potato skins Cheese Sauce Sour Cream Bacon Chopped Broccoli ✓ Chopped Scallions ✓	Panini Press White, Wheat, or Rye Bread Turkey, Chicken, Ham or Beef Cheddar, Swiss, Provolone, Pepper Jack or American	Sushi Bar White or Brown Rice (GF) ✓ Smoked Salmon Roll (Contains Salmon, Avocado, Cucumber and Cream Cheese) Tempura Shrimp Roll (Contains Shrimp, Avocado and Cucumber) Keppamaki (Cucur) ✓ Soy sauce, wasabi, Gari and Eel Sauce		Closed
	Chicken Parmesan Angel hair Pasta Steamed Green Beans ✓ Roasted Cauliflower ✓	Lasagna Garlic Bread ✓ Sauteed Squash & Zucchini ✓ Steamed Asparagus ✓	Masitas De Puerco Fritas White Rice (GF) Black Beans ✓ Maduros ✓ Sweet Bread	Fried Chicken BBQ Roasted Chicken Mac & Cheese ✓ Collard Greens ✓ Corn Bread	Fried Fish Baked Fish (GF) Seasoned Grits w/ Cheese on the side ✓ Sauteed Cabbage ✓ Roasted Carrots	Beef Stew White Rice (GF) Sauteed Broccoli and Cauliflower Roasted Zucchini ✓	Roasted Pork Mash Potatoes ✓ Green Bean Casserole ✓ Carrots and Onions ✓
	Cheese Pizza ✓ Pepperoni Pizza Vegetable Pizza ✓ (peppers, onions, mushroom Black olives) Cheesy Chicken Calzone	Cheese Pizza ✓ Meat Lovers Ziti ✓ ✓ Marinara or Alfredo ✓	Cheese Pizza ✓ Vegetable Pizza ✓ (peppers, onions, mushroom Black olives) Sausage Pizza ✓ Pepperoni	Cheese Pizza ✓ Pepperoni Penne Pasta ✓ ✓ Marinara or Alfredo ✓	Cheese Pizza ✓ Spinach Alfredo Pizza ✓ Stuffed Shells w/ Marinara and Parmesan Veggie Sausage Calzone ✓	Cheese Pizza ✓ Pepperoni Pizza Vegetable Pizza ✓ (peppers, onions, mushroom Black olives) Baked Ziti ✓	Cheese Pizza ✓ BBQ bacon and Onion Pizza Vegetable Pizza ✓ (peppers, onions, mushroom Black olives) Vegetable Calzone ✓
	EggPlant Parmesan ✓	Vegetable Lasagna ✓	Veggie Paella ✓	Southern Fried Tofu ✓	Vegetable Gumbo ✓	Stewed EggPlant and tomatoes ✓	Loaded Veggie Baked Potato ✓
	All Beef Burger Grilled Cheese ✓ Vegetarian Burger ✓ French Fries ✓	Grilled Chicken Sausage Sandwich Black Bean Burger ✓ Sweet Potato Fries ✓	Season Turkey burger Turkey and Cheese melt Vegetarian Burger ✓ Crinkle Cut Fries ✓	Southwest Burger Hot dog ✓ Black Bean Burger ✓ Sweet Potato Fries ✓	Shrimp po boy Cheese Quesadilla ✓ Vegetarian Burger ✓ French Fries ✓	Grilled Chicken Cheese Quesadilla ✓ Black Bean Burger ✓ Sweet Potato Fries ✓	All Beef Burger Tuna Melt Vegetarian Burger French Fries ✓
	Hummus & Tortilla Strips ✓ Black Bean & Corn Salad ✓ Zesty Quinoa Salad ✓	Hummus & Tortilla Strips Panzanella Salad ✓ Thai Cucumber Salad ✓	Hummus & Tortilla Strips ✓ Egg Salad (GF) Bruschetta Salad ✓	Hummus & Tortilla Strips ✓ Tortellini Salad ✓ Tuna Salad (GF)	Hummus & Tortilla Strips ✓ Veggie Ranch Pasta Salad Greek Garbonzo Salad ✓	Hummus & Tortilla Strips ✓ Mediterranean Quinoa Salad (GF) Tuna Salad	Hummus & Tortilla Strips ✓ Yam, Kale And Cranberry Salas ✓ German Potato Salad
	(GF) Pork Dumpling stew ✓ Vegetarian Vietnamese Noodle Soup	Loaded Baked Potato Soup (GF) Chicken Tortilla Soup	(GF) Thai Chicken & Coconut Soup ✓ Split Pea soup	(GF) Beef Chili (GF) Cream of Mushroom Soup	✓ Leek Soup (No Meat) (GF) Cream of Tomato & Fig Soup	Soup of the Day	Soup of the Day

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

